

## REEL MADNESS 2000 Festival A special project of the Movie Monday Society, Victoria

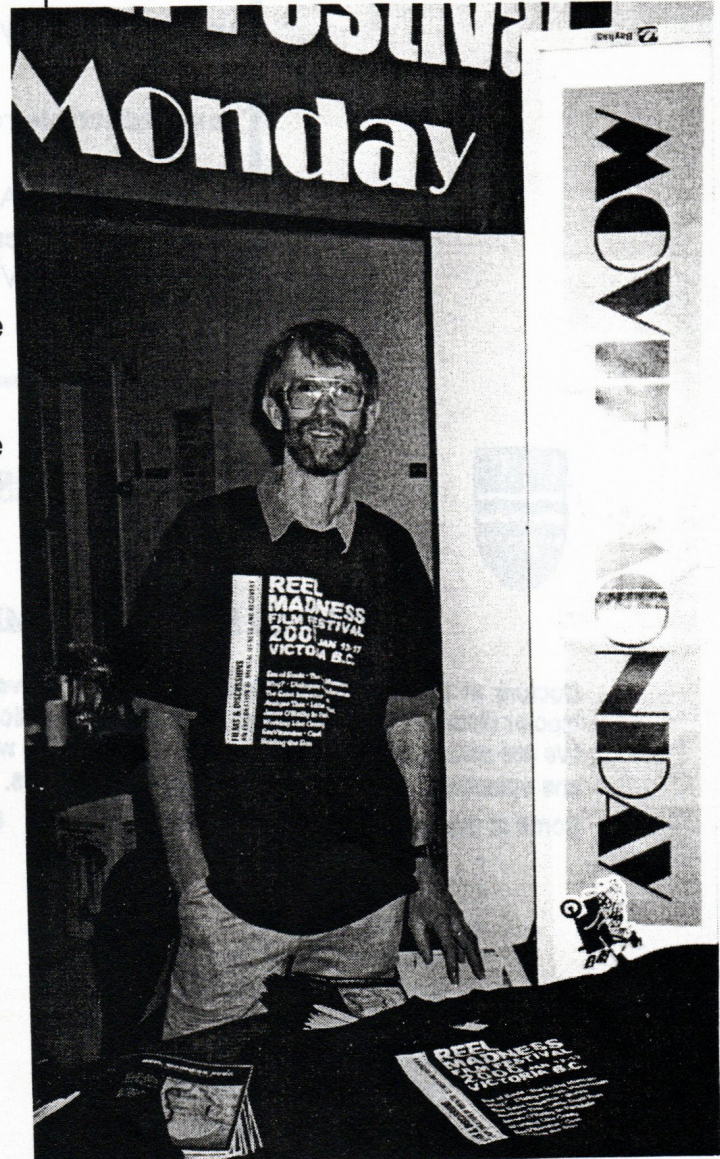
A dream come true for Bruce Saunders, the Festival Director. "I imagined something like this in the first weeks of Movie Monday's humble beginnings." Now, seven years later, Bruce's dream, a festival of films and discussions about mental illness and recovery is being recognized by the entire community.

Several themes run strong - Artistic expression is so important because it provides a safe outlet for each artist to develop and display the many stages of their illness. Understanding and acceptance is what each one of us, including the artist, gains through observing their films. We are able to see into the devastating lives of so many who have struggled so much to accept their illness. Therapy, the need to express our feelings was portrayed via film as being equally as important as taking the right medication to help us work through the process of understanding our illness, who we are and who we want to become. The pride of work is an evident theme too. People with mental illness are seen exploring creative ways to earn a living.

Bruce Saunders is to be highly commended for his passion to help people, by showing their life via film.

Well done, Bruce.

- Vicki Rogers



## MDA Facilitators' Workshop 2000

Saturday, April 15th, 2000 9 am - 4 pm

Facilitators : Judith Lange and Vicki Rogers

Pre-Registration is necessary : Please call 873-0103